

TREATMENT OF DRY EYE



I.P.L. System



Dry eye is a particularly common disease that affects the **health and well-being** of millions of people worldwide. **Meibomian gland dysfunction** (MGD) is the leading cause of dry eye syndrome, known as evaporative dry eye, because it causes excessive tear evaporation. Dry eye disease can also be caused by a poor tear production of the lacrimal glands.

The I.P.L. LacryStim[®] system (Intense Pulsed Light) helps stimulate and reactivate the Meibomian glands and lacrimal glands in order to treat dry eye. Intense Pulsed Light technology is one of a series of innovative technologies acknowledged in the TFOS-DEWS II Report.

TREATS THE CAUSES OF DRY EYE OPTIMISES LONG-TERMS RESULTS.

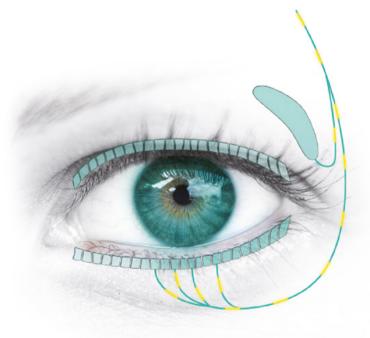
MECHANISMS OF ACTION

Several studies detail the mechanisms of action of I.P.L. systems:

• Neurostimulation of the parasympathetic nerve pathways [1,2].

Tear production is stimulated by the nervous system, via the parasympathetic nerve [3], which is linked to both the lacrimal gland [3,4] and the meibomian glands [3,5].

- Faster Meibomian gland and lacrimal gland metabolism [1,2,3,4,5,12,13].
- Increased meibum expression due to heat [6].
- Small vessel coagulation: **acts against inflammation of the skin** (rosacea) and **eyelids** (blepharitis) [7,8,9].
- Reduces Demodex mites.



CLINICAL RESULTS

The expected results of I.P.L. treatment may include [6]:

- Improved tear film quality.
- Patient-reported **improvement in the following symptoms:** dryness, sensation of foreign body in the eye, itching, burning, eye fatigue, blurred vision, sensitivity to light, watery eyes, impaired secretion, pain.
- Additional effects of I.P.L. treatment may be observed:
- Pain relief
- Anti-inflammatory action (blepharitis, rosacea)
- Reduction in inflammatory markers (cytokines) in the tears [10]
- On infections (Demodex).

I.P.L. System

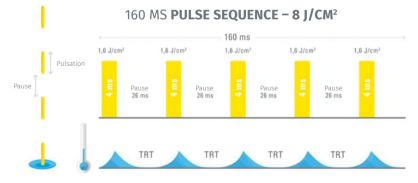
LIGHT SPECTRUM

- An I.P.L. device is a generator of polychromatic intense pulsed light.
- The LacryStim light spectrum extends from 610 nm to 1200 nm.
- LacryStim uses a **610 nm filter** that blocks UVA, UVB and UVC rays.
- Thanks to this 610 nm filter:
 - The melanin in the skin absorbs less light [11]
 - **Phototypes 1 to 5** (from the Fitzpatrick scale) can be treated.



SETTINGS AND PULSE SEQUENCE

- The total energy is between 8 and 12 J/cm² and is delivered in a sequence of pulses.
- The time between each pulse respects the thermal relaxation time (TRT) of the skin, thus limiting:
 - The increase in tissue temperature
 - Thermal damage to the skin
 - Inflammatory reactions.



A SAFE AND EFFECTIVE TREATMENT FOR SKIN TYPES 1 TO 5

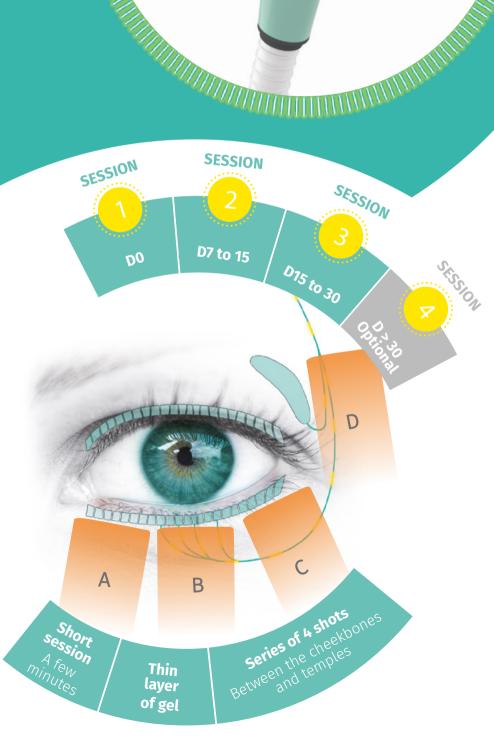


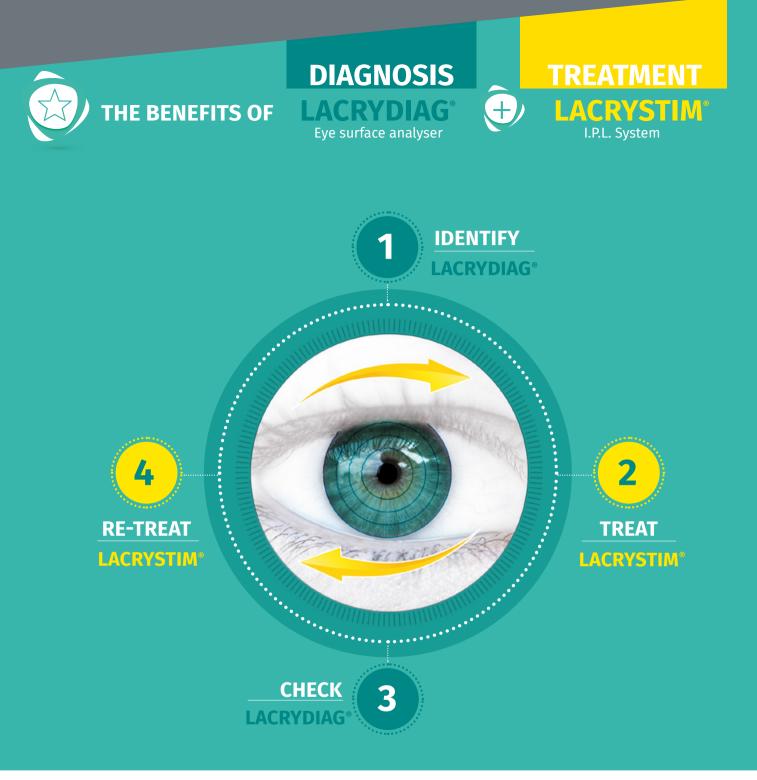
COMFORT AND **EASE** OF USE

- Integrated water cooling:
 - Does not burn the skin.
 - Applies a thin layer of gel during treatment.
 - Long-lasting flash lamp.
 - Delivers the **same energy level** from first to last shot.

• A single handpiece, no additional kit required.

■ SIMPLE AND FAST TREATMENT







- Extend your clinical offering from diagnosis to treatment.
- Diagnose and treat the cause of dry eye earlier.
- Offer effective and lasting I.P.L. treatment.
- Optimise post-surgical results by diagnosing and treating before surgery (refractive, cataract).
- Improve the compliance of patients under topical treatment for glaucoma.



IMPROVED COMFORT FOR YOUR PATIENTS

- Perform a complete, fast contactless examination.
- Offer your patients painless and effective I.P.L. treatment (< 5 min).
- Provide evidence of diagnosis and I.P.L. treatment results.
- Improve patient care.
- \bullet Ensure patient satisfaction from the 1st I.P.L. treatment.

LAC RYSTIM[®]

TECHNICAL SPECIFICATIONS

LACRYSTIM®

Technology Wavelength Energy Dimensions Weight Filter Cooling system

Flash lamp Power supply Temperature for use Treatment duration Accessories CE marking

I.P.L. (Intense Pulsed Light) 610 – 1200 nm 1 to 14 J/cm² 580 (H) x 275 (W) x 280 (D) mm 25 kg 610 nm, anti UVA, UVB and UVC filter Water Replace water every 7000 shots Xenon lamp 230 VAC or 110 VAC +5ºC to +35ºC 3 to 4 sessions

Operator safety glasses, patient eyeshields Class IIb medical device

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LacryStim[®] I.P.L. is a class IIb medical device designed by CSB for QUANTEL MEDICAL and compliance assessed by IMQ CE 0051.

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